



# St John Fisher Catholic Primary School

Kale Road, Erith, Kent DA18 4BA  
 Telephone: 020 8310 7311 Fax: 020 8312 1017  
 www.sjf.bexley.sch.uk

Head Teacher: Sarah J Griffin BA (Hons) MA (Hons) NPQH

Dear Parents

We have been informed by Public Health that they have issued a Heat Health Alert for Friday of this week.

The Heat Health Alert is - Level 3 - Heatwave Action

London/LON	Level 3 (Amber)	90%	Widely hot or very hot on Friday and perhaps for Saturday. Cloudier and fresher by Sunday with thundery showers. Timing for cooler air arriving uncertain.
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In all contexts, it is important to stress the need to continue with actions to prevent harms to health during hot spells, although some of the usual actions will need to be amended. At SJF we will ensure we follow the procedure below in extreme heat:-

### Stay hydrated

- Stay hydrated - drink plenty of fluids.
- ALL CHILDREN MUST BRING A DRINK TO SCHOOL

### Physical activity

- Avoid extreme physical exertion. We will undertake any physical activity in the school hall where we have air -conditioning

### Keeping the school cool

- Keep the environment cool: we do have air conditioning in parts of the building that can be used by the staff and children
- We will open windows to allow air flow
- We will be turning off non-essential lights and electrical equipment - they generate heat.

### Sunburn

- We will endeavour to keep the children out of the sun between 11am and 3pm, when UV radiation is strongest.
- Please apply sunscreen of at least SPF15 with UVA protection



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Please may I also take this opportunity to explain why we do not encourage the younger children to bring bikes and scooters to school.

The children do not have the opportunity to use their bikes or scooters during the school day - the scooter/bike pod is based on the KS2 playground and is not easily accessible to the younger children at the beginning or the end of the day.

To ensure there is no misunderstanding as from Thursday 16<sup>th</sup> June - NO children in Reception, Year 1 or Year 2 can bring bikes or scooters to school.

Children in Year 3, Year 4, Year 5 and Year 6 may continue to do so but they must wear a helmet when riding either their bike or scooter.

Over the summer holidays we will look at storage for KS1 for bikes and scooters that is accessible and appropriate for the younger children.

Thank you for your continued support

Miss S Griffin